

February 24th 2016

**Health Advisory Board**  
**Lathrop School District**  
AGENDA and Minutes

- 1- Introductions/Welcome
- 2- Review Health room calendar/updates
- 3- Nutrition standards
- 4- Safety Day-Ideas
- 5- Goals

**1-Member Introductions-Open to public**

Brandi Breckenridge RN-School District Nurse \*Coordinator **Present**  
Bethany Clark-Director of Student Services-Administration **Present**  
Robin Douglas-Lathrop School Board  
Elaine Stoll-Lathrop Elementary Physical Education-**Present**  
Annika Huitt-Lathrop High School Student-**Present**  
Amy Fly-Lathrop Middle School Counselor  
Amy Flinn-Food Services/Opaa Coordinator-**Present**  
Brandy Huitt RN-Parent/Community Member  
Kathy Edson-Lathrop Support Staff/Community Member  
Jennifer DeFries-Elementary School Nurse-**Present**

**2-Health Room Updates-By Brandi Breckenridge RN**

\*New Immunization standards from state of MO for 2016/2017 school year. Will affect current 7<sup>th</sup> grade and 11<sup>th</sup> grade students.

All students enrolling in 8<sup>th</sup> grade for the 2016/17 school year will be required to have a Tdap (tetanus booster) and MCV (meningitis) vaccine on record prior to enrollment. All 12<sup>th</sup> grade students for 2016/17 school year will be required to have a SECOND MCV (meningitis) vaccine prior to enrollment in August. If their first dose of MCV was received after the age of 16, only one dose is required.

\*Review of school head lice policy

The school board policy relating to the treatment and screening of head lice was read aloud and reviewed by HAB members. A discussion of the CDC recommendations related to student attendance during lice treatment was reviewed. The Lathrop School District does not participate in a “no-nit” policy and therefore does not discriminate or exclude students who are in the process of lice treatment once it has begun.

\*New well-child treatment room in Elementary

Jen and I are happy to report that the Well-child treatment room has been a wonderful addition to the Elementary Health Room facilities this Spring. The well-child treatment room allows for privacy and reduced risk of cross-contamination between ill students and well students who are needing assistance with routine medical treatments or clothing changes. BIG Thank you to our Maintenance team for assisting with that project!

\*Let the screenings begin!

Pre-K Screenings scheduled March 29<sup>th</sup>, 30<sup>th</sup>, and 31<sup>st</sup>

7<sup>th</sup> Grade Screenings Completed February 2<sup>nd</sup>

1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Grade Screenings to be scheduled in March and April of this year.

### **3-Food and Nutrition Services-Opaa!-Amy Flinn, Diretor of OPAA Lathrop Schools**

Presentation, update and summary of school nutrition program by OPAA director A. Flinn  
Amy Flinn, director or OPAA at Lathrop Schools gave a presentation of nutrition requirements as mandated by the federal government for the school district. A discussion of student preferences and options available to the students when selecting their “a la carte” items was initiated. One concerns brought up by the board was the variety of fresh vegetable and fruit available vs. the amount of cooked vegetables and soft fruit. A question was raised if younger elementary students would perhaps opt to take more portion of vegetables if they were easier to chew. Another question was related to the portion of fruits and vegetables that students are allowed to receive. A. Flinn stated that fruits and vegetables are unlimited to students with a help-yourself set-up at the elementary and middle schools. Also a larger portions of cooked vegetables are available to students upon request. Increased staff awareness of these options for students was set as a goal for the board.

### **4-Safety Day-Jennifer DeFries LPN and Elaine Stoll PE Instructor LES**

Presenters from last year-A list of last year’s presenters was given with feedback of topics and student reactions to presentations. A list of last year’s presenters included

- Fire Safety
- Nutrition by OPAA
- Camping Safety
- Weather Safety
- Animal Safety
- Water Safety

New topics-Suggestions were discussed for new different topic possibilities included

- Stranger Danger-MO Highway Patrol
- Hunting Safety-Lathrop 4-H Club
- Bike Safety-Lathrop PD
- Staying Physically Fit-Cameron YMCA

Middle/High School Involvement-Suggestions were made to incorporate LMS and LHS student involvement as teaching aids or assistants to presenters.

Community Involvement-Suggestions were made to incorporate as many local business and presenters as possible with Safety Day

### **5-Where do we go from here? (Goals for upcoming year)**

1. Health Education
2. Physical education
3. Health services
4. Mental health and social services
5. Nutrition services
6. Healthy and safe environment
7. Family and community involvement
8. Staff wellness

A review of the Health Advisory Board Goals was given. The board will focus on Safety day organization and stay in contact with each other via email. Community/Public feedback is welcome at any time. The board will plan to meet again in person after the beginning of the 2016/17 school year.