

**January 23rd 2017 9am-10am**  
**Health Advisory Board**  
**Lathrop School District**  
**Agenda / Minutes**

- 1- Introductions/Welcome
- 2- District Health Offices
- 3- District CSIP Goals
- 4- Nutritional Health
- 5- Physical Health
- 6- Mental Health

**1-Member Introductions-Open to public**

Brandi Breckenridge RN-School District Nurse \*Coordinator **Present**  
Bethany Clark-Director of Student Services-Administration **Present**  
Robin Douglas-Lathrop School Board  
Elaine Stoll-Lathrop Elementary Physical Education **Present**  
Annika Huitt-Lathrop High School Student  
Amy Fly-Lathrop Middle School Counselor **Present**  
Amy Flinn-Food Services/Opaa Coordinator **Present**  
Brandy Huitt-District Parent **Present**  
Kathy Edson-Lathrop Community Member **Present**  
Jennifer DeFries-Elementary School Nurse **Present**

**2-Health Office Updates-** Brandi Breckenridge RN & Jennifer DeFries LPN

\*2017-2018 Immunization Updates from state of MO and District Compliance

Missouri State has maintained the updates from 2016/2017 year. All students entering 8th grade are required to have a TDaP and MCV vaccine. All Senior are required to have a second MCV vaccine prior to the start of the 2017/2018 school year.

Lathrop R2 Submitted our annual immunization compliance report for LES, LMS, and LHS on Oct 15, 2016 with 100% compliance reported at that time. The Pre-K compliance report was submitted 1/15/17 with 100% compliance at that time as well.

\*Screenings update-Vision and Hearing Screenings were completed for grades K, 3, 5, and 7th grade by 12/1/16. All first-time First graders were also screened at that time. Height/weight/BMI screenings were also completed for 5th and 7th grades prior to 12/15/16. All results entered into SIS for parent accessibility.

\*Policy Review-The School District policy for Staff members who are currently Breastfeeding/Pumping was reviewed. The locations for the designated private area allowed to staff were set at each building level allowing privacy, security and accessibility per policy.

**3-District CSIP Goals-**B. Clark, Student Services Admin & Robin Douglas, Board Member

\*School Improvement Plan-Wellness goals for students, staff with community involvement

A five year goal was set by committee members for district student to have 80% compliance with enrollment in a class or participating in a sport or activity/club where the primary focus is physical activity. A five year goal was set for district staff to have 80% compliance with a yearly physical exam by their medical professional including but not limited to physical exam, vital signs, routine lab work and screenings as recommended.

#### 4-Nutritional Health-Amy Flinn, Director of OPAA Lathrop Schools

\*Opaa! Presentation, update.

Goal set last year to increase student intake of additional fruit and vegetable choices has been met. Elementary school saw the highest increase in additional vegetable/fruit bar use. Less food waste was reported by kitchen staff thus far this year in all three schools. Opaa! Coordinator reports school lunch numbers are down approximately 40 meals/day district wide this year which indicates a higher number of students opting to bring home-prepared lunches. Opaa anticipates some changes to program guidelines in upcoming years with new national funding and administration changes.

#### 5-Physical Health-Jennifer DeFries LPN and Elaine Stoll, PE Instructor LES

\*Safety Day- 5/12/170-Presentation/Update

The following topics were chosen to continue as Elementary Safety Day presentations-Bus Safety, Wildlife Safety, Camping/Outdoor Safety, Fire Safety, Stranger-Danger Safety, Water Sports Safety, Weather Safety. Opaa staff will continue to provide a healthy afternoon snack and water-stations during the day. Open discussion about benefits of including a Technology Safety presentation for older grades 4th and 5th in lieu of the Stranger Danger presentation. This addition was accepted and agreed to for this year, presentation to be provided by Lathrop School Technology Integration Coordinator.

Physical Education teacher reports the Fitness Gram Spring evaluations are pending for 3rd,4th, and 5th grades. Fall evaluations were completed for 4th and 5th grades, 5th grade results reported.

#### 6-Mental Health-Amy Fly-School Counselor

\*Addressing mental health needs for students-Presentation/update

Open discussion led by Amy Fly of the role of our district school counselors and available service for students and staff as well as the specific focus areas for each school building level at LES, LMS and LHS. The primary areas that are addressed by district counselors are **guidance curriculum, responsive services, individual planning, and consultation/collaboration** for mental health needs.

The district counseling services would like to set a goal of having an increased number of educational opportunities for students and staff. These opportunities would include all-district staff training, building level assemblies and educational presentations for students, including in-class lessons and education. All of these opportunities would be offered with continued availability of small-group sessions and individual support services for students.

The meeting was adjourned at 10:00am with next meeting tentatively scheduled for April 2017.

